

Shahmir H. Ali, PhD

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Research profiles: [Google Scholar](#), [ResearchGate](#), [Publons](#), [ORCID](#)

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Languages: English (native), Hindi/Urdu (native), Mandarin Chinese (full professional fluency, HSK 5 proficiency certification [2015, High Distinction])

Citizenship: USA, Australia

Education

- 2019-2023 **New York University School of Global Public Health**, New York, NY, USA
Doctor of Philosophy (PhD) in Public Health
- 2016-2019 **Johns Hopkins University**, Baltimore, MD, USA
Bachelor's degree (BA, Honors) in Public Health & Political Science
- 2015-2016 **University of Queensland**, St. Lucia, QLD, Australia
Coursework in Chemical Engineering and International Relations

Academic Appointments

Jun 2023 – Present.

Assistant Professor (tenure-track) (February 2025 – present)

Research Fellow (March 2024 – February 2025)

Postdoctoral Fellow (June 2023 – March 2024)

National University of Singapore

Saw Swee Hock School of Public Health, Singapore

Oct 2021 – Jun 2023.

Research Scientist (Jan 2023 – Jun 2023)

Research Associate (Oct 2021 – Dec 2022),

New York University Grossman School of Medicine,

Department of Population Health, New York, NY, USA.

May 2021 – Dec 2021.

Implementation Fellow

Stanford University School of Medicine,

Center for Asian Health Research and Education (CARE), Palo Alto, CA, USA

Leadership

Oct 2021 – Oct 2023.

Communications Director

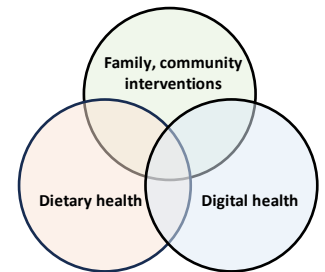
The Asian & Pacific Islander Caucus for Public Health (APIC), American Public Health Association (APHA)

Publications

** Publications with +100 citations

^^ Mentored or co-mentored student publication

Much of my current research and expertise centers around the intersection of the below 3 topical areas. I have used my expertise in mixed and qualitative methods as well as strong training and experience in innovative quantitative and geo-spatial methods to conduct this work.



1. **Dietary health** and cardiovascular health promotion
2. **Family, community level** approaches to equitable health promotion
3. **Digital health** environment (including mhealth, app/web-based research)

Topical Expertise #1: Dietary health and cardiovascular health promotion

1. Trude ACB, Lowery C, Vedovato GM, **Ali SH**, Dudzik J. Changes in Grocery Shopping Behavior among Low-Income Households during the COVID-19 Pandemic. *Public Health Nutrition*. 2025;28(1):e26.
2. Chan SW, Laynor G, **Ali SH**, Yi SS. Nutrition and Diet in the General U.S. Asian American Population: A Scoping Review Protocol. *PLoS One*. 2024;9(8):e0309219. doi: 10.1371/journal.pone.0309219.
3. ^^ Auer S, Penikalapati R, Parekh N, Merdjanoff AA, DiClemente RJ, **Ali SH**. “We know what he likes, even if he doesn’t know”: how second-generation South Asian Americans characterize and influence the diets of their first-generation parents. *Health Educ Res*. 2024;39(2):131-142. doi: 10.1093/her/cyad036.
4. Huang S, Gu Y, **Ali SH**, Xue J, Wen X. Survey on the adherence to 24-hour movement guidelines and non-communicable disease risk by weight status among overweight and obese adults in China. *JMIR Public Health Surveill*. 2024;10:e47517. doi:10.2196/47517.
5. Hu L, Wyatt L, Mohsin F, Lim S, Zanolwiak J, Mammen S, Hussain S, **Ali SH**, Onakomaiya D, Belli H, Aifah A, Islam N. Characterizing technology use and preferences for health communication in South Asian immigrants with prediabetes or diabetes. *JMIR Form Res*. 2024;8:e52687. doi:10.2196/52687
6. **Ali SH**, Lin N, Yi SS. Challenging dietary research measures, concepts, and definitions to promote greater inclusivity of immigrant experiences: considerations and practical recommendations. *J Acad Nutr Diet*. 2023;(Online first). doi:10.1016/j.jand.2023.06.280.
7. **Ali SH**, Parekh N, Islam NS, Merdjanoff AA, DiClemente RJ. Evaluating the healthfulness of Asian American young adult dietary behaviors and its association with family structure: Disaggregated results from NHIS 2015. *Nutr Health*. 2023;(Online first). doi:10.1177/02601060231151986.
8. Gu Y, **Ali SH**, Guo A. The association between leisure activities and health outcomes among Chinese older adults. *J Public Health*. 2023;(Online first). doi: 10.1007/s10389-023-02094-x.

9. Islam N, Wyatt L, **Ali SH**, Zanowski J, Mohaimin S, Goldfeld K, Lopez P, Kumar R, Beane S, Thorpe L, Trinh-Shevrin C. Integrating Community Health Workers into Community-based Primary Care Practice Settings to Improve Blood Pressure Control: Results from a Randomized Control Trial. *Circulation*. 2023;16(3):e009321. doi:10.1161/CIRCOUTCOMES.122.009321.
10. **Ali SH**, Gupta S, Tariq M, Vasquez-Lopez X, Penikalapati R, Auer S, Hanif C, Parekh N, Merdjanoff AA, DiClemente RJ. Mapping drivers of second-generation South Asian American eating behaviors using a novel integration of qualitative and social network analysis methods. *Ecol Food Nutr*. 2022;61(4):503-521. doi:10.1080/03670244.2022.2056166
11. **Ali SH**, Yi SS, Kranick J, Lee M, Thorpe LE, Rummo PE. Disentangling the roles of generational status and acculturation on dietary behaviors in disaggregated Asian American subgroups. *Appetite*. 2022;171:105903. doi:10.1016/j.appet.2021.105903
12. **Ali SH**, Gu Y, Yuan C, DiClemente RJ. Personal prioritization of healthy eating among Chinese adults and its association with dietary behaviors: findings from the China Health and Nutrition Survey. *Journal of Asian Health*. 2022;1(2):e202210. <https://journalofasianhealth.org/index.php/jasianh/article/view/11>
13. Yi SS, **Ali SH**, Russo RG, Foster V, Radee A, Chong S, Tsui F, Kranick J, Lee D, Imbruce V, Mezzacca TA. COVID-19 Leads to Dramatic Changes in the Food Retail Environment in New York City: May-July 2020. *J Immigr Minor Health*. 2022;24(1):31-37. doi:10.1007/s10903-021-01230-7
14. Russo RG, **Ali SH**, Mezzacca TA, Radee A, Chong S, Kranick J, Tsui F, Foster V, Yi SS. Assessing changes in the food retail environment during the COVID-19 pandemic: opportunities, challenges, and lessons learned. *BMC Public Health*. 2022;22(1):778. doi:10.1186/s12889-022-12890-x
15. Pachipala K, Shankar V, Rezler Z, Vittal R, **Ali SH**, Srinivasan MS, Palaniappan L, Yang E, Juul F, Elfassy T. Acculturation and Associations with Ultra-processed Food Consumption among Asian Americans: NHANES, 2011-2018. *J Nutr*. 2022;152(7):1747-1754. doi:10.1093/jn/nxac082
16. Gunen B, Reznar MM, Yan S, Poirier L, Katragadda N, **Ali SH**, Sundermeir SM, Gittelsohn J. Fresh Shelves, Healthy Pantries: A Pilot Intervention Trial in Baltimore City Food Pantries. *Int J Environ Res Public Health*. 2022;19:15740. doi:10.3390/ijerph192315740
17. Trude ACB, **Ali SH**, Vedovato GM, Black MM, Ruggiero CF, Steeves EA, Gittelsohn J. Associations between Household- and Child-Referenced Food Security Status and Dietary Intake among Low-Income Urban African American Children. *J Hunger Environ Nutr*. 2022;(Online first):1-16. doi:10.1080/19320248.2022.2033145
18. **Ali SH**, Imbruce VM, Russo RG, Kaplan S, Stevenson K, Mezzacca TA, Foster V, Radee A, Chong S, Tsui F, Kranick J, Yi SS. Evaluating Closures of Fresh Fruit and Vegetable Vendors During the COVID-19 Pandemic: Methodology and Preliminary Results Using Omnidirectional Street View Imagery. *JMIR Form Res*. 2021;5(2):e23870. doi:10.2196/23870
19. **Ali SH**, Islam NS, Commodore-Mensah Y, Yi SS. Implementing Hypertension Management Interventions in Immigrant Communities in the U.S.: a Narrative Review of Recent

Developments and Suggestions for Programmatic Efforts. *Curr Hypertens Rep.* 2021;23(1):5. doi:10.1007/s11906-020-01121-6

20. Parekh N, **Ali SH**, O'Connor J, Tozan Y, Jones AM, Capasso A, Foreman J, DiClemente RJ. Food insecurity among households with children during the COVID-19 pandemic: results from a study among social media users across the United States. *Nutr J.* 2021;20(1):73. doi:10.1186/s12937-021-00732-2
21. Gu Y, **Ali SH**, Yan S, Gunen B, Poirier L, Craig HC, Adams L, Park R, Gittelsohn J. Associations between Food Pantry Size and Distribution Method and Healthfulness of Foods Received by Clients in Baltimore City Food Pantries. *Int J Environ Res Public Health.* 2021;18(13):6979. doi:10.3390/ijerph18136979
22. Gu Y, He Y, **Ali SH**, Harper K, Dong H, Gittelsohn J. Fruit and Vegetable Intake and All-Cause Mortality in a Chinese Population: The China Health and Nutrition Survey. *Int J Environ Res Public Health.* 2021;18(1):342. doi:10.3390/ijerph18010342
23. Russo RG, Li Y, Đòàn LN, **Ali SH**, Siscovick D, Yi SS. COVID-19, Social Determinants of Health, and Opportunities for Preventing Cardiovascular Disease: A Conceptual Framework. *J Am Heart Assoc.* 2021;10(24):e022721. doi:10.1161/JAHA.121.022721
24. Daniel L, Hinman S, Harper K, **Ali SH**, Gu Y, Poirier L, Park R, Trujillo A, Gittelsohn J. Exploring the Reasons for Low Usage and Informing Strategies to Improve Use of a Nonprofit Grocery Store in Baltimore City. *Ecol Food Nutr.* 2021;60(6):722-736. doi:10.1080/03670244.2021.1899916.
25. **Ali SH**, Misra S, Parekh N, Murphy B, DiClemente RJ. Preventing type 2 diabetes among South Asian Americans through community-based lifestyle interventions: A systematic review. *Prev Med Rep.* 2020;20:101182. doi:10.1016/j.pmedr.2020.101182
26. **Ali SH**, Gu Y, Yan S, Craig HC, Adams L, Poirier L, Park R, Gunen B, Gittelsohn J. Healthy Mondays or Sundays? Day preferences for healthy eating and cooking among food pantry clients. *J Hunger Environ Nutr.* 2020;17(1):14-31. doi:10.1080/19320248.2020.1804032

Topical Expertise #2: Family, community level approaches to equitable health promotion

27. Mohsin FM, Wyatt L, Belli H, **Ali SH**, Onakomaiya D, Misra S, Yusuf Y, Mammen S, Zanowiak J, Hussain S, Zafar H, Lim S, Islam NS, Ahmed N. The Prevalence and Correlates of Diabetes Distress among South Asians Living in New York City (NYC): Baseline Results from a Randomized Trial. *BMC Public Health.* 2025;25(1):422. doi:10.1186/s12889-025-21535-8.
28. **Ali SH**, Nayak A, Qi X, Misra S, DiClemente RJ. How do Asian American young adults influence the health of family members? Structural equation modeling of age, acculturation, interactivity, and closeness. *Discover Social Science and Health.* 2024;4(1):66. doi:10.1007/s44155-024-00128-7.
29. Hood Q, Irvine N, Shah K, **Ali SH**, Mezzacca T, Serrano M, Thorpe L, Huang T, Khan M, Islam NS. A Qualitative Exploration of the Implementation Facilitators and Challenges of a Community Health Worker Program to Address Health Disparities for People Recently Released from

Incarceration Using the Consolidated Framework for Implementation Research. (Accepted) In press at: *Implement Sci Commun*.

30. ^^ Sharma P, Kaushik M, **Ali SH**, Bacong AM, Srinivasan M, Long J, Wang NE. How We Live: Characteristics of Multigenerational Households among Asian Americans. (Accepted) In press: *J Asian Health*.
31. Mohsin FM, Aravala S, Rahman T, **Ali SH**, Taher M, Mitra P, Misra S. Psychiatric Healthcare Experiences of South Asian Patients with Severe Mental Illness Diagnoses and Their Families in New York City: A Qualitative Study. *Community Ment Health J*. 2024;(Online first). doi:10.1007/s10597-024-01323-1.
32. **Ali SH**, Cai J, Kamal F, Auer S, Yang K, Parikh RS, Parekh N, Islam NS, Merdjanoff AA, DiClemente RJ. A multi-stage dyadic qualitative analysis to disentangle how family members influence the dietary behaviors of Asian American young adults. *Behav Med*. 2024;1-13. doi:10.1080/08964289.2023.2298766.
33. **Ali SH**, Meltzer G, DiClemente RJ, Islam NS, Yi SS, Yang LH, Misra S. How shared dietary behaviors within Asian American families are influenced by emotional interaction qualities: a nationwide cross-sectional analysis. *Int J Behav Med*. 2024;(Online first). doi:10.1007/s12529-024-10303-4.
34. Kwon S, **Ali SH**, DiClemente RJ. Comparing the Influences of Spouses or Partners with Other Family Members in the Ability of Young Asian Americans to Maintain a Healthy Lifestyle. *Am J Lifestyle Med*. 2024;(Online first). doi:10.1177/15598276241236115.
35. Le TP, **Ali SH**, Tran NK, Atkin AL, Ching THW, Csizmadia A, Tran NK, DiClemente RJ. Family Connectedness and Sexual Minority Asian Americans' Eating Behavior Regulation Motives. *Eating Behaviors*. 2023;51(1):101817. doi: 10.1016/j.eatbeh.2023.101817.
36. **Ali SH**, Mohsin FM, Rouf R, Parekh R, Dhar B, Kaur G, Parekh N, Islam NS, DiClemente RJ. Family involvement within Asian American health interventions: a scoping review and conceptual framework to identify pathways for innovation. *Public Health Reports*. 2023;138(6):885-895. doi:10.1177/00333549221138851.
37. Onakomaiya DO, **Ali SH**, Islam T, Mohaimin S, Kaur J, Pillai S, Monir A, Mehdi A, Mehmood R, Mammen S, Hussain S, Zanolwiak J, Wyatt LC, Alam G, Lim S, Islam NS. Stakeholder Perspectives on the Impact of COVID-19 on the Implementation of a Community-Clinic Linkage Model in New York City. *Prev Sci*. 2023;(Online first). doi:10.1007/s11121-023-01534-0.
38. Gu Y, **Ali SH**, Guo A. Comparing the role of social connectivity with friends and family in depression among older adults in China: evaluating the moderating effect of urban-rural status. *Front Psychiatry*. 2023;14(1):1162982. doi:10.3389/fpsyt.2023.1162982.
39. **Ali SH**, Mohsin FM, Banks A, Lynn P, Lim S. Peer-Led, Remote Intervention to Improve Mental Health Outcomes Using a Holistic, Spirituality-Based Approach: Results from a Pilot Study. *Community Ment Health J*. 2022;58(5):862-874. doi:10.1007/s10597-021-00893-8
40. **Ali SH**, Rouf R, Mohsin FM, Meltzer G, Sharma P, DiClemente RJ. The influence of routine and leisure family activities on the ability of young Asian Americans to maintain a healthy lifestyle:

findings from a nationwide survey. *J Behav Med.* 2022;45(6):962-974. doi:10.1007/s10865-022-00352-z

41. **Ali SH**, Islam NS. Developing research interventions in Asian American settings. In: Kwon SC, Trinh-Shevrin C, Islam NS, Yi SS, eds. *Applied Population Health Approaches for Asian American Communities*. John Wiley & Sons, Inc; 2022:85-105.
42. Mohaimin S, Zanolwiak J, **Ali SH**, Mammen S, Taher M, Alam G, Uddin MJ, Zafar S, Sultana S, Islam NS. The Dream Initiative: An Iterative Approach To Addressing South Asian Health Needs In New York City. In: Kwon SC, Trinh-Shevrin C, Islam NS, Yi SS, eds *Applied Population Health Approaches for Asian American Communities*. John Wiley & Sons, Inc; 2022:245-250.
43. **Ali SH**, DiClemente RJ, Parekh N. Changing the landscape of South Asian migrant health research by advancing second-generation immigrant health needs. *Transl Behav Med.* 2021;11(6):1295-1297. doi:10.1093/tbm/ibaa084
44. **Ali SH**, Yi SS, Wyatt LC, Misra S, Kwon SC, Trinh-Shevrin C, Islam NS. Neighborhood social cohesion and disease prevention in Asian immigrant populations. *Prev Med.* 2020;141:106298. doi:10.1016/j.ypmed.2020.106298
45. Gu Y, Zhang H, **Ali SH**, et al. Social Determinants of Health-Related Quality of Life among Residents in Zhejiang and Qinghai, China. *Int J Environ Res Public Health.* 2019;16(8):1314. doi:10.3390/ijerph16081314
46. Agrawal P, Yusuf Y, Pasha O, **Ali SH**, Ziad H, Hyder AA. Interpersonal stranger violence and American Muslims: an exploratory study of lived experiences and coping strategies. *Glob Bioeth.* 2019;30(1):28-42. doi:10.1080/11287462.2019.1683934

Topical Expertise #2: Digital health environment (including mhealth, web-based research)

47. **Ali SH**, Rahman F, Kuwar A, Khanna K, Nayak A, Sharma P, Dasraj S, Auer S, Rouf R, Patel T, Dhar B. Rapid, tailored dietary and health education through a social media chatbot micro-intervention: development, implementation, and practical recommendations. *JMIR Form Res.* 2024;8:e5203. doi:10.2196/52032.
48. Dhar B, Sharma P, Chakraborty R, Khanna T, **Ali SH**. Improving Health Equity Through Digital Healthcare. In: Chatterjee L, Gani N, eds *Multi-Sector Analysis of the Digital Healthcare Industry*. IGI Global; 2024:80-109.
49. ^^ Mohsin FM, **Ali SH**, Chong SC, Parikh RS, DiClemente RJ. Social Media Utilization within Asian American Families and its Role in Healthy Lifestyle Behavioral Influence: Results from a Nationwide Survey. *Soc Media Soc.* 2023;9(3):20563051231196544. doi: 10.1177/2056305123119654.
50. Rummo P, **Ali SH**, Kranick J, Thorpe LE, Yi SS. Online grocery shopping behaviors and attitudes among Asian Americans. *J Immigr Minor Health.* 2023;25(2):496–504. doi:10.1007/s10903-022-01433-6.

51. **Ali SH**, Lowery CM, Trude ACB. Leveraging longitudinal twitter data for health policy evaluations: lessons from the Philadelphia Beverage Tax. *J Public Health Manag Pract.* 2023;29(6):E253-E262. doi:10.1097/PHH.0000000000001804.
52. ** **Ali SH**, Foreman J, Capasso A, Jones AM, Tozan Y, DiClemente RJ. Social media as a recruitment platform for a nationwide online survey of COVID-19 knowledge, beliefs, and practices in the United States: methodology and feasibility analysis. *BMC Med Res Methodol.* 2020;20(1):116. doi:10.1186/s12874-020-01011-0
53. ** **Ali SH**, Foreman J, Tozan Y, Capasso A, Jones AM, DiClemente RJ. Trends and Predictors of COVID-19 Information Sources and Their Relationship With Knowledge and Beliefs Related to the Pandemic: Nationwide Cross-Sectional Study. *JMIR Public Health Surveill.* 2020;6(4):e21071. doi:10.2196/21071
54. **Ali SH**, Merdjanoff AA, Parekh N, DiClemente RJ. Development of an Integrated Approach to Virtual Mind-Mapping: Methodology and Applied Experiences to Enhance Qualitative Health Research. *Qual Health Res.* 2022;32(3):571-580. doi:10.1177/10497323211058161
55. **Ali SH**, Lloyd-Montgomery J, Lowery CM, Vedovato GM, Trude ACB. Equity-Promoting Strategies in Online Grocery Shopping: Recommendations Provided by Households of Low Income. *J Nutr Educ Behav.* 2022;54(11):998-1010. doi:10.1016/j.jneb.2022.08.00.
56. Vedovato GM, **Ali SH**, Lowery CM, Trude ACB. Giving Families a Voice for Equitable Healthy Food Access in the Wake of Online Grocery Shopping. *Nutrients.* 2022;14(20):4377. doi:10.3390/nu14204377.
57. Trude ACB, **Ali SH**, Lowery CM, Vedovato GM, Lloyd-Montgomery JM, Hager ER, Black MM. A click too far from fresh foods: A mixed methods comparison of online and in-store grocery behaviors among low-income households. *Appetite.* 2022;175:106038. doi:10.1016/j.appet.2022.106038
58. Trude ACB, Lowery CM, **Ali SH**, Vedovato GM. An equity-oriented systematic review of online grocery shopping among low-income populations: implications for policy and research. *Nutr Rev.* 2022;80(5):1294-1310. doi:10.1093/nutrit/nuab122
59. Chong SK, **Ali SH**, Đoàn LN, Yi SS, Trinh-Shevrin C, Kwon SC. Social Media Use and Misinformation Among Asian Americans During COVID-19. *Front Public Health.* 2022;9:764681. doi:10.3389/fpubh.2021.764681
60. **Ali SH**, Luo R, Li Y, Liu X, Tang C, Zhang P. Application of Mobile Health Technologies Aimed at Salt Reduction: Systematic Review. *JMIR Mhealth Uhealth.* 2019;7(4):e13250. doi:10.2196/13250

Other publications

61. **Ali SH**, Foster T, Hall NL. The Relationship between Infectious Diseases and Housing Maintenance in Indigenous Australian Households. *Int J Environ Res Public Health.* 2018;15(12):2827. doi:10.3390/ijerph15122827

62. **Ali SH**, Mohaimin S, Dhar R, Dhar M, Rahman F, Roychowdhury L, Islam T, Lim S. Sexual violence among LGB+ South Asian Americans: Findings from a community survey. *PLoS One*. 2022;17(2):e0264061. doi:10.1371/journal.pone.0264061
63. **Ali SH**, Islam T, Pillai S, Kalasapudi L, Shinu M, Inala S, Kalasapudi V, Islam NS, Gunness H. Loneliness and mental health outcomes among South Asian older adult immigrants in the United States: a cross-sectional study. *Int J Geriatr Psychiatry*. 2021;36(9):1423-1435. doi:10.1002/gps.5549
64. **Ali SH**, Tozan Y, Jones AM, Foreman J, Capasso A, DiClemente RJ. Regional and socioeconomic predictors of perceived ability to access coronavirus testing in the United States: results from a nationwide online COVID-19 survey. *Ann Epidemiol*. 2021;58:7-14. doi:10.1016/j.annepidem.2021.03.001
65. Kim S, Capasso A, **Ali SH**, DiClemente R, Tozan Y. What predicts people's adherence to COVID-19 misinformation? A retrospective study using a nationwide online survey among adults residing in the United States. *BMC Public Health*. 2022;22:2114. doi:10.1186/s12889-022-14431-y.
66. Lim S, **Ali SH**, Mohaimin S, Dhar R, Dhar M, Rahman F, Roychowdhury L, Islam T, Islam NS. Help seeking and mental health outcomes among South Asian young adult survivors of sexual violence in the New York State Region. *BMC Public Health*. 2022;22(1):1147. doi:10.1186/s12889-022-13489-y
67. Capasso A, Kim S, **Ali SH**, Jones AM, DiClemente RJ, Tozan Y. Employment conditions as barriers to the adoption of COVID-19 mitigation measures: how the COVID-19 pandemic may be deepening health disparities among low-income earners and essential workers in the United States. *BMC Public Health*. 2022;22(1):870. doi:10.1186/s12889-022-13259-w
68. Lim S, Park O, Mohaimin S, Lee C, Lee S, Chauhan D, Roberts T, **Ali SH**, Trinh-Shevrin C. Non-Partner Sexual Violence Among Asian American, Native Hawaiian, and Pacific Islander Adults: A Scoping Review. *Trauma Violence Abuse*. 2022;(Online first). doi:10.1177/15248380221082088
69. Capasso A, Kim S, **Ali SH**, Jones AM, DiClemente RJ, Tozan Y. Socioeconomic predictors of COVID-19-related health disparities among U.S. workers: A structural equation modeling study. *PLOS Global Health*. 2022;2(2):e0000117. doi:10.1371/journal.pgph.0000117
70. DiClemente RJ, Capasso A, **Ali SH**, Jones AM, Foreman J, Tozan Y. Knowledge, beliefs, mental health, substance use, and behaviors related to the COVID-19 pandemic among US adults: a national online survey. *J Public Health*. 2022;30(8):2069-2079. doi:10.1007/s10389-021-01564-4
71. Kim S, Capasso A, Cook S, **Ali SH**, Jones AM, Foreman J, DiClemente RJ, Tozan Y. Impact of COVID-19-related knowledge on protective behaviors: The moderating role of primary sources of information. *PLoS One*. 2021;16(11):e0260643. doi:10.1371/journal.pone.0260643
72. Batool-Anwar S, Robbins R, **Ali SH**, Capasso A, Foreman J, Jones AM, Tozan Y, DiClemente RJ, Quan SF. Examining Changes in Sleep Duration Associated with the Onset of the COVID-19 Pandemic: Who is Sleeping and Who is Not? *Behav Med*. 2021;1-10. doi:10.1080/08964289.2021.2002800

73. Yi SS, **Ali SH**, Chin M, Russo RG, Đoàn LN, Rummo P. Contrasting the experiences for high- and low-income Asian Americans during COVID-19. *Prev Med Rep.* 2021;24:101519. doi:10.1016/j.pmedr.2021.101519
74. ** Capasso A, Jones AM, **Ali SH**, Foreman J, Tozan Y, DiClemente RJ. Increased alcohol use during the COVID-19 pandemic: The effect of mental health and age in a cross-sectional sample of social media users in the U.S. *Prev Med.* 2021;145:106422. doi:10.1016/j.ypmed.2021.106422
75. Misra S, Wyatt LW, Wong JA, Huang CY, **Ali SH**, Trinh-Shevrin C, Islam NS, Yi SS, Kwon SC. Determinants of Depression Risk among Three Asian American Subgroups in New York City. *Ethn Dis.* 2020;30(4):553-562. doi:10.18865/ed.30.4.553
76. Pham CT, Lee CB, Nguyen TLH, Lin JD, **Ali S**, Chu C. Integrative settings approach to workplace health promotion to address contemporary challenges for worker health in the Asia-Pacific. *Glob Health Promot.* 2020;27(2):82-90. doi:10.1177/1757975918816691
77. Mehmood A, Hung YW, He H, **Ali S**, Bachani AM. Performance of injury severity measures in trauma research: a literature review and validation analysis of studies from low-income and middle-income countries. *BMJ Open.* 2019;9(1):e023161. doi:10.1136/bmjopen-2018-023161

Policy Impact (organizations citing publications):

- Asian Development Bank [[Link](#)]
- World Health Organization [[Link](#)]
- United States Department of Agriculture (USDA) [[Link](#)]
- National Health Service (UK) [[Link](#)]
- Government of Finland [[Link](#)]
- Government of Malaysia [[Link](#)]
- Australian Institute of Health and Welfare [[Link](#)]
- New Zealand Ministry of Business Innovation & Employment [[Link](#)]
- Queensland Government, Australia [[Link](#)]
- Public Health Ontario [[Link 1](#) / [Link 2](#)]
- Canadian Agency for Drugs and Technologies in Health [[Link](#)]
- European Agency for Safety and Health at Work [[Link](#)]
- Florida Department of Health [[Link](#)]
- Brookings Institute [[Link](#)]
- RAND Corporation [[Link](#)]
- IZA Institute for Labor Economics [[Link](#)]
- International Development Research Centre [[Link](#)]
- Australian Housing and Urban Research Institute [[Link](#)]
- American Enterprise Institute [[Link](#)]
- National Bureau of Economic Research [[Link](#)]
- United States Federal Register [[Link](#)]
- Belfer Center [[Link](#)]
- City of Seattle [[Link](#)]

News coverage (select outlets citing publications):

Washington Post, The Conversation, Yahoo Lifestyle, Hindustan Times, Teen Vogue, ABC News, Atlanta Business Chronicle, Yahoo News, The Daily Beast, Austin Daily Herald, Winchester Sun, Greenville Advocate, Southwest Daily News, Jerusalem Post, Futurity

Manuscripts under review

^^ Mentored or co-mentored student manuscript

- ^^ Low KMY, Chan CMJ, Chong MF, Ang IYH, Chan FJH, Isa N, Aman MA, Lok YL, Chia JYQ, **Ali SH**. Applying a co-creation framework to develop an online sodium-reduction intervention in Singapore: applied experiences and strategies to enhance implementation efficiency. Under review.
- **Ali SH**, Talegawkar SA, Shah NS, Kandula NR, Fujimoto K, Schneider J, DiClemente RJ, Parekh N. Exploring the Role of Community and Faith-Based Organizations in the Dietary Healthfulness of South Asian Americans: Findings from the MASALA Study. Under review.
- **Ali SH**, Onakomaiya D, Saif NI, Farhman F, Mohsin FM, Mohaimin S, Rakhra A, Mammen S, Hussain S, Zanowiak J, Lim S, Shelley D, Islam NS. Using longitudinal, multi-partner qualitative data to evaluate the implementation of a diabetes prevention and management intervention among South Asians Americans. Under review.
- **Ali SH**, Gu Y. How different forms of parent-child interactions shape healthy aging: Evidence from 138,243 parent-child relationships on physical function and health behaviors among Chinese older adults (2011–2020). Under review.
- Marcello RP, **Ali SH**, Moran A, Pollack Porter KM. Impact of a Healthy Beverage Initiative at the Largest U.S. Public Hospital System. Under Review.
- Misra S, Rahman T, **Ali SH**, Taher M, Mitra P. Public health research on severe mental conditions among immigrant communities: Strategies from a qualitative study with South Asian immigrants in New York City. Under review.
- Agrawal P, Michlig GJ, **Ali SH**, Ziad H, Hyder AA. Integration of American Muslims in the US: a qualitative study based in Baltimore City. Under review.
- Marcello RP, Salcedo V, **Ali SH**, Frattaroli S, Pollack Porter KM. The Role of Safety Net Hospital Systems in Advancing Health and Nutrition Equity: Perspectives from the Nation's Largest Public Hospital System. Under Review.
- Freeman A, Belli H, Schubert F, **Ali SH**, D Pimenova, T Czeleko, N Islam, J Hyde. Impact of Health Home Care Management Services on Appointment Completion Rates Before and During the COVID-19 Pandemic in an Urban Low-Income Setting. Under review.
- ^^ Rezler Z, Shankar V, Vittal R, Pachipala K, **Ali SH**, Srinivasan MS, Palaniappan L, Long J, Huang N. Towards preventing sarcopenia: prevalence, predictors, and measures of presarcopenia among Asian American adults, NHANES 2011-2014. Under review.

Conference Presentations

^^ Mentored or co-mentored student poster/presentation

1. **Ali SH**, Low KMY, Chan CMJ, Chong MF, Ang IYH. Empowering young adults to lead household sodium reduction: family-wide changes in dietary knowledge, attitudes, and behaviors following a novel online intervention in Singapore. The International Society of Behavioral Nutrition and Physical Activity (ISBNPA) 2025 Annual Meeting [Poster]; June 11-14, 2025; Auckland, New Zealand.
2. **Ali SH**, Low KMY, Dhar B, Chan CMJ, Chong MF, Ang IYH. Applying a Participatory Co-Creation Framework to Develop an Online Sodium-Reduction Intervention in Singapore: Development and Pilot Testing Insights. Society of Behavioral Medicine (SBM) 46th Annual Meeting. [Poster]; Mar. 26-29, 2025; San Francisco, CA.
3. **Ali SH**, Koh GK, Puah LJR, Cheng HS, Aman MA, Chan FJH, TOUCH Community Services Limited, Ang IYH. A community-based, holistic older adult Reablement program in Singapore: exploring implementation and sustainability considerations through multi-stakeholder perspectives. 17th Annual Conference on the Science of Dissemination and Implementation (D&I). [Poster]; Oct. 26-30, 2024; Washington DC.
4. Auer S, Tan ZC, Chowdhury M, Sahrin R, **Ali SH**. Exploring dietary influences across the South Asian immigrant diaspora through a mixed-methods network analysis: Findings from the US and UAE. 2024 American Public Health Association (APHA) Conference [Poster]; Nov. 12-15, 2024; Minneapolis, MN.
5. Dhar B, Sharma P, Khanna T, **Ali SH**. Evaluating a tailored 'Chatbot' social media intervention improving healthy behaviors among South Asian American young adults. Society of Behavioral Medicine (SBM) 44th Annual Meeting. [Presentation]; Mar. 13-16, 2024; Philadelphia, PA.
6. Dhar B, Khanna T, Sharma P, **Ali SH**. An Interactive, Tailored Chatbot Social-Media Intervention To Improve Dietary Knowledge And Self-Efficacy Among South Asian Young Adults In The US. Society of Behavioral Medicine (SBM) 44th Annual Meeting. [Poster]; Mar. 13-16, 2024; Philadelphia, PA.
7. **Ali SH**, Chan C, Lanza V, Yi SS. Using geo-spatial data to assess disparities in cardiovascular outcomes and accessibility to fresh fruits and vegetables in a multi-ethnic urban environment: considerations for the role of wet markets in Singaporean CVD prevention. Singapore Prevention & Cardiac Rehabilitation Symposium 2023 [Poster]; Oct. 28-29, 2023; Singapore.
8. **Ali SH**, Wyatt L, Rakhra A, Zanowiak J, Mammen S, Lim S, Islam NS. Accessibility and feasibility of using telehealth in a community-clinical linkage based chronic disease prevention intervention among urban-dwelling South Asian immigrants. Singapore Prevention & Cardiac Rehabilitation Symposium 2023 [Poster]; Oct. 28-29, 2023; Singapore.
9. Ahmed N, Wyatt L, Mohsin F, **Ali SH**, Taher M, Kanaya A, Kandula N, Islam N. Co-occurrence of type 2 diabetes and poor mental health: Findings from the mediators of atherosclerosis in south asians living in america (MASALA) study. 2023 American Public Health Association (APHA) Conference [Poster]; Nov. 12-15, 2023; Atlanta, GA.

10. Rakhra A, Wyatt L, Lee M, Mammen S, Zanowiak J, Mohaimin S, **Ali SH**, Onakomaiya D, Lim S, Islam N. Assessing implementation outcomes of a community health worker led diabetes prevention and management intervention among south asians in New York City: DREAM initiative. 2023 American Public Health Association (APHA) Conference [Poster]; Nov. 12-15, 2023; Atlanta, GA.
11. Mammen S, Zanowiak J, Onakomaiya D, **Ali SH**, Hussain S, Pillai S, Mehmood R, Monir A, Kaur J, Mhedi A, Lim S, Islam N. Lessons learned in coalition building and South Asian CBO involvement in translational research. 2023 American Public Health Association (APHA) Conference [Poster]; Nov. 12-15, 2023; Atlanta, GA.
12. **Ali SH**, Onakomaiya D, Mohsin FM, Islam T, Mohaimin S, Saif NI, Rahman F, Zanowiak J, Mammen S, Lim S, Islam NS. A Multistakeholder, Longitudinal Perspective on the Perceived Impact of a Diabetes Intervention for South Asians in New York. American Diabetes Association 83rd Scientific Sessions [Poster]; Jun. 23-26, 2023; San Diego, CA. In: *Diabetes*, 72(Supplement_1), 709-P.
13. **Ali SH**, Onakomaiya D, Islam T, Zanowiak J, Mammen S, Mohaimin S, Wyatt LC, Lim S, Islam NS. Using Implementation Science to Longitudinally Evaluate a Diabetes Prevention and Management Intervention among South Asians in New York City. 15th Annual Conference on the Science of Dissemination and Implementation (D&I) [Oral]; Dec. 11-14, 2022; Washington, DC.
14. **Ali SH**, Wyatt L, Mohsin F, Onakomaiya D, Mammen S, Zanowiak J, Lim S, Islam N. Changes in fruit, vegetable, and sugar-sweetened beverage intake among pre-diabetic South Asians following a community-health worker intervention. 2022 American Public Health Association (APHA) Conference [Oral]; Nov. 6-9, 2022; Boston, MA.
15. Marcello RK, Salcedo V, **Ali SH**, Porter KP. The Role of Safety Net Hospital Systems in Advancing Health Equity: Perspectives from Employees and Leadership. 2022 American Public Health Association (APHA) Conference [Oral]; Nov. 6-9, 2022; Boston, MA.
16. Misra S, Rahman T, Aravala S, Mohsin F, **Ali SH**, Taher M, Mitra M. Understanding experiences of severe mental illness among immigrants in the United States: An example from South Asian patients and their families in New York City. 2022 American Public Health Association (APHA) Conference [Oral]; Nov. 6-9, 2022; Boston, MA.
17. Mohsin F, Wyatt L, **Ali SH**, Onakomaiya D, Mammen S, Zanowiak J, Lim S, Islam N. Changes in diabetes distress improve medication adherence among South Asians with uncontrolled diabetes following a community-health worker intervention. 2022 American Public Health Association (APHA) Conference [Poster]; Nov. 6-9, 2022; Boston, MA.
18. Kim S, Capasso A, Headley TY, **Ali SH**, DiClemente RJ. What predicts people's adherence to COVID-19 misinformation? A retrospective study using a nationwide online survey among adults residing in the United States. 2022 American Public Health Association (APHA) Conference [Poster]; Nov. 6-9, 2022; Boston, MA.
19. **Ali S**, Lowery C, Lloyd-Montgomery J, Vedovato G, Dudzik J, Trude A. Including Community Voices to Promote Equity in Online Grocery Shopping: Qualitative Findings From SNAP-Eligible

- Households With Young Children. American Society of Nutrition (ASN) Nutrition 2022 Annual Meeting [Poster]; June 14-16, 2022; Virtual. In: Current Developments in Nutrition, 6(Suppl 1), 474.
20. Chen Tan Z, **Ali S**, Ansari S, Brar A, Mohammed Y, Merdjanoff A, Parekh N, Abdulle A, Jabari A, Ali R, DiClemente R. Deconstructing the Diet of Young South Asians Socialized Within the United Arab Emirates: A Mixed-Methods Study Using Social Network Analysis. American Society of Nutrition (ASN) Nutrition 2022 Annual Meeting [Poster]; June 14-16, 2022; Virtual. In: Current Developments in Nutrition, 6(Suppl 1), 608.
 21. Lowery C, **Ali S**, Dudzik J, Trude A, Vedovato G. Sociodemographic Factors Associated With Online Grocery Shopping Among Low-Income Households During the COVID-19 Pandemic. American Society of Nutrition (ASN) Nutrition 2022 Annual Meeting [Poster]; June 14-16, 2022; Virtual. In: Current Developments in Nutrition, 6(Suppl 1), 215.
 22. Dudzik J, Lowery C, **Ali S**, Trude A. Healthfulness of Online Grocery Shopping Behaviors: Analyzing Receipt Data From Low-Income Households With Children. American Society of Nutrition (ASN) Nutrition 2022 Annual Meeting [Poster]; June 14-16, 2022; Virtual. In: Current Developments in Nutrition, 6(Suppl 1), 107.
 23. Cai J, **Ali S**, Mohsin F, Parikh R, Yang K, Auer S, Sanghvi A, Kamal F, Merdjanoff A, Parekh N, DiClemente R. Disaggregating How Asian Americans Define a Healthy Diet: Exploring Generational and Intra-family Differences Through Dyadic Interviews. American Society of Nutrition (ASN) Nutrition 2022 Annual Meeting [Poster]; June 14-16, 2022; Virtual. In: Current Developments in Nutrition, 6(Suppl 1), 100.
 24. Sooyoung K, Capasso A, Headley TH, **Ali SH**, Jones AM, DiClemente RJ, Tozan Y. Health disparities during the COVID-19 pandemic: The role of employment conditions. 8th Annual New York City Epidemiology Forum [Poster]; May 23, 2022; New York, NY. (**Winner of best student poster award**)
 25. Capasso A, Sooyoung K, **Ali SH**, Jones AM, DiClemente RJ, Tozan Y. Health disparities during the COVID-19 pandemic: The role of employment conditions. 8th Annual New York City Epidemiology Forum [Poster]; May 23, 2022; New York, NY.
 26. **Ali SH**, Mohsin FM, Parikh RS, DiClemente RJ. Motivations to eat healthy among Asian American young adults: exploring the role of acculturation, socio-economic background. Society of Behavioral Medicine (SBM) 43rd Annual Meeting. [Poster]; April 6-9, 2022; Baltimore, MD.
 27. ^^ Gupta S, **Ali SH**, Cai J, Mohsin FM, Parikh RS, DiClemente RJ. Family engagement and stress management in Asian American communities. Society of Behavioral Medicine (SBM) 43rd Annual Meeting. [Poster]; April 6-9, 2022; Baltimore, MD.
 28. Dhar B, **Ali SH**, Sharma P, Mohsin FM, Parikh RS, DiClemente RJ. Exploring the influence of family interaction patterns on the ability to improve sleep among Asian American young adults. Society of Behavioral Medicine (SBM) 43rd Annual Meeting. [Poster]; April 6-9, 2022; Baltimore, MD.

29. ^^ Mohsin FM, **Ali SH**, Parikh RS, DiClemente RJ. Exploring the implications of individualism among young Asian Americans and its impact on lifestyle behavior-related outcomes. Society of Behavioral Medicine (SBM) 43rd Annual Meeting. [Poster]; April 6-9, 2022; Baltimore, MD.
30. ^^ Cai J, **Ali SH**, Mohsin FM, Parikh RS, DiClemente RJ. Methods of communication within Asian American family networks: lessons for health intervention development in a COVID world. Society of Behavioral Medicine (SBM) 43rd Annual Meeting. [Poster]; April 6-9, 2022; Baltimore, MD.
31. ^^ Sharma P, **Ali SH**, Dhar B, Mohsin FM, Parikh RS, DiClemente. Do family dynamics inform how young Asian Americans form and maintain relationships? Findings from a family health survey. Society of Behavioral Medicine (SBM) 43rd Annual Meeting. [Poster]; April 6-9, 2022; Baltimore, MD.
32. ^^ Parikh RS, Cai J, **Ali SH**, Yang K, Mohsin FM, Truong T, Auer S, Gupta S, Parekh N, Merdjanoff A, DiClemente RJ. What about siblings?: Exploring pathways to adapt Asian American family dietary interventions. Society of Behavioral Medicine (SBM) 43rd Annual Meeting. [Poster]; April 6-9, 2022; Baltimore, MD.
33. ^^ Auer S, Penikalapati R, **Ali SH**, Gupta S, Parekh N, Merdjanoff A, DiClemente RJ. "Tried to Show My Dad How to Eat Fajitas... Didn't Go Well": Exploring South Asian American eating behaviors from the lens of kin. Society of Behavioral Medicine (SBM) 43rd Annual Meeting. [Poster]; April 6-9, 2022; Baltimore, MD.
34. **Ali SH**, Onakomaiya D, Mammen S, Zanowiak J, Lim S, Islam NS. How health clinics serving South Asians in NYC adapted to COVID-19: perspectives from providers and staff. NYU Urban Initiative's Annual Urban Research Day [Poster]; Mar. 8, 2022; New York, NY.
35. ^^ Pachipala K, Shankar V, Rezler Z, Vittal R, **Ali SH**, Srinivasan MS, Palaniappan L, Yang E, Juul F, Elfassy T. Acculturation And Associations With Ultra-processed Food Consumption Among Asian Americans: NHANES, 2011-2018. American Heart Association EPI Lifestyle Scientific Sessions 2022 [Poster]; Mar. 1-3, 2022; Chicago, IL.
36. Inala S, **Ali SH**. Advancing Asian American mental health through community-driven research: The India Home South Asian Seniors Needs Assessment. 4th Annual Pacific Education Advocacy Research & Learning Institute of New York, Inc. (P.E.A.R.L.) Conference [Oral presentation]; Dec. 9, 2021; Virtual. <https://youtu.be/5LGzfYN3x9c?t=3649>
37. **Ali SH**, Wyatt L, Mohaimin S, Mammen S, Zanowiak J, Lim S, Islam N. Impact of the COVID-19 pandemic on diabetic and pre-diabetic South Asian immigrants participating in a community health worker intervention. 2021 American Public Health Association (APHA) Conference [Poster]; Oct. 24-27, 2021; Denver, CO. (**Winner: Best Student Abstract Award**)
38. Mohaimin S, **Ali SH**, Lim S, Zanowiak, Mammen S, Hussain S, Wyatt L, Ahmed M, Alam G, Haq M, Sultana S, Uddin MDJ, Zafar H, Zafar S, Islam N. Remote recruitment and virtual curriculum transition of a community health worker led diabetes prevention and management intervention for South Asians in NYC. 2021 American Public Health Association (APHA) Conference [Poster]; Oct. 24-27, 2021; Denver, CO.

39. Onakomaiya D, **Ali SH**, Islam T, Mohaimin S, Gill R, Sikder S, Monir A, Ali M, Mehmood R, Maammen S, Zanowiak J, Wyatt L, Lim S, Islam S. Stakeholder perspective on the impact of COVID-19 on the implementation of a diabetes prevention and management study among South Asian populations in New York City. 2021 American Public Health Association (APHA) Conference [Poster]; Oct. 24-27, 2021; Denver, CO.
40. **Ali SH**, Mohaimin S, Dhar R, Dhar M, Rahman F, Roychowdhury L, Islam T, Lim S. Exploring disparities in lifetime sexual violence and attitudes related to sexual assault among young sexual minority South Asian Americans. 2021 American Public Health Association (APHA) Conference [Poster]; Oct. 24-27, 2021; Denver, CO. (**Winner: Walter J. Lear Outstanding Student Research Award**)
41. ^^ Parikh RS, **Ali SH**, Mohsin F, DiClemente R. Exploring family interaction patterns among LGB+ Asian American young adults. 2021 American Public Health Association (APHA) Conference [Oral presentation]; Oct. 24-27, 2021; Denver, CO.
42. Yi SS, **Ali SH**, Li Y, Wang V, Russo RG. Utilizing community-partnered systems science, mixed-methods and implementation science to promote access to healthy food and nutrition education for diverse immigrant communities. 2021 Society for Nutrition Education and Behavior (SNEB) Annual Conference [Panel presentation]; Aug 8-10, 2021; Virtual.
43. Capasso A, DiClemente RJ, **Ali SH**, Jones AM, Foreman J, Tozan Y. Income, Risk and Mental Health: How The COVID-19 Pandemic May Be Deepening Health Disparities Among U.S. Workers. 2021 International Health Economics Association (IHEA) World Congress [Oral presentation]; July 12-15, 2021; Virtual.
44. Kim S, **Ali SH**, Jones A, Capasso A, Foreman J, DiClemente RJ, Tozan Y. COVID-19-Related Knowledge, Protective Behaviors and the Moderating Role of Primary Sources of Information: Findings from a Cross-Sectional Online Survey in the United States. 2021 AcademyHealth Annual Research Meeting (ARM) [Oral presentation]; June 14-17, 2021; Virtual. doi:10.1111/1475-6773.13763. In: Health Services Research, 56(Suppl 2), 32-33.
45. Parekh N, **Ali SH**, Murphy B, DiClemente RJ. An inter-generational Research Incubator to navigate students into public health careers: The South Asian Health and Research (SAHARA) Group. 2021 Transforming Institutions Conference [Oral presentation]; June 9-11, 2021; Virtual.
46. **Ali SH**, Parekh N, Capasso A, Tozan Y, Jones AM, Foreman J, DiClemente RJ. Changes in eating behaviors during COVID-19 and association with food insecurity: results from a nation-wide online survey. American Society of Nutrition (ASN) Nutrition 2021 Annual Meeting [Poster]; June 7-10, 2021; Virtual. In: Current Developments in Nutrition, 5(Suppl 2), nzab029_003.
47. **Ali SH**, Gupta S, Hanif C, Tariq M, Vasquez-Lopez X, Penikalapati R, Parkeh N, Merdjanoff AA, DiClemente RJ. Exploring the drivers of second-generation South Asian American eating behaviors using a novel qualitative methodology: virtual free-listing informed mind-mapping. American Society of Nutrition (ASN) Nutrition 2021 Annual Meeting [Poster]; June 7-10, 2021; Virtual. In: Current Developments in Nutrition, 5(Suppl 2), nzab038_002.
48. Trude A, Lloyd-Montgomery J, **Ali SH**, Lowery CM, Hager E, Black M. Online Grocery Shopping Patterns and Barriers among Families Eligible for SNAP: A Mixed Methods Study. American

Society of Nutrition (ASN) Nutrition 2021 Annual Meeting [Poster]; June 7-10, 2021; Virtual. In: *Current Developments in Nutrition*, 5(Suppl 2), nzab043_019. (**Finalist for Emerging Leaders in Nutrition Science Abstract Recognition Award**)

49. Yi SS, **Ali SH**, Russio RG, Foster V, Radee A, Chong S, Tsui F, Lee D, Imbruce VM, Mezzacca TA. COVID-19 Disproportionately Affects the Food Retail Environment in Chinese Ethnic Neighborhoods in New York City. 2021 ASFS-AFHVS-CAFS-SAFN Joint Virtual Conference [Oral Presentation]; June 9-15, 2021; Virtual.
50. **Ali SH**, Mohaimin S, Islam T, Mammen S, Zanolwiak J, Wyatt L, Lim S, Islam N. Implementation evaluation and fidelity assessment of a diabetes management intervention during the COVID-19 pandemic: findings from the Diabetes Research, Education, and Action for Minorities (DREAM) Initiative. 2021 Society of General Internal Medicine (SGIM) Annual Meeting [Poster]; April 20-23, 2021; Virtual.
51. **Ali SH**, Capasso A, Tozan Y, Foreman J, Jones AM, DiClemente RJ. Loneliness during the COVID-19 pandemic: results from a nationwide study among social media users. Society of Behavioral Medicine (SBM) 42nd Annual Meeting [Poster]; April 12-16, 2021; Virtual.
52. Capasso A, DiClemente RJ, **Ali SH**, Jones AM, Foreman J, Tozan Y. Employment conditions as barriers to the adoption of protective behaviors against COVID-19 among employed adults in the U.S.: Findings from a national online survey. Society of Behavioral Medicine (SBM) 42nd Annual Meeting [Poster]; April 12-16, 2021; Virtual.
53. **Ali SH**, Merdjanoff AA, DiClemente RJ, Parekh N. Enhancing qualitative assessment of complex food behaviors through free-listing informed mind-mapping: development and feasibility analysis. International Conference on Diet & Activity Methods (eICDAM) [Poster]; February 8-12, 2021; Virtual.
54. Capasso A, DiClemente RJ, **Ali SH**, Jones AM, Foreman J, Tozan Y. Income and COVID-19-related health disparities among U.S. workers: findings from a national survey. American Society of Tropical Medicine and Hygiene (ASTMH) 69th Annual Meeting [Poster]; November 15-19, 2020; Virtual.
55. Yi SS, **Ali SH**, Russo RG, Foster V, Radee A, Chong S, Tsui F, Kranick J, Lee D, Imbruce V, Mezzacca TA. Disproportionate Impact of COVID-19 on the food retail environment in Chinese ethnic neighborhoods in New York City. Region VI 2020 Asian American Pacific Islander (AAPI) Virtual Health Summit [Poster]; October 29-30, 2020; Virtual. (**2nd place best poster award**)
56. Mohaimin S, Lim S, Zanolwiak J, Mammen S, **Ali S**, Hussain S, Wyatt L, Islam N. Transitioning a community-health worker-led diabetes prevention intervention for South Asians at NYC primary care practices to a virtual platform. Region VI 2020 Asian American Pacific Islander (AAPI) Virtual Health Summit [Poster]; October 29-30, 2020; Virtual.
57. Yi SS, **Ali SH**, Russo RG, Foster V, Radee A, Chong S, Tsui F, Kranick J, Lee D, Imbruce V, Mezzacca TA. Changes to the Food Retail Environment Due to COVID-19 in New York City, May to July 2020. ObesityWeek 2020 [Poster]; November 2-6, 2020; Virtual.

58. Parekh N, **Ali SH**, O'Connor J, DiClemente RJ. Food insecurity during the COVID-19 pandemic: results from a nationwide study among social media users. Obesity & COVID-19 Virtual Symposium [Oral presentation]; May 29, 2020; Virtual.
59. **Ali SH**, Misra S, Parekh N, Murphy B, DiClemente RJ. (2020). Preventing Type 2 Diabetes among South Asian Americans through community-lifestyle interventions: a systematic review. Society of Behavioral Medicine (SBM) 41st Annual Meeting [Poster]; April 1-4, 2020; Virtual. In: Annals of Behavioral Medicine, 54(Suppl 1), S568.
60. **Ali SH**, Wyatt LC, Yi SS, Misra S, Kwon SC, Trinh-Shevrin C, Islam NS. Neighborhood Social Cohesion and disease prevention behaviors in South Asian, South-east Asian, and East Asian immigrant populations. 7th Annual New York City Epidemiology Forum [Poster]; Feb 28, 2020; New York, NY. (**Winner of best poster award**)
61. Misra S, Wyatt LW, Wong JA, Huang CY, **Ali SH**, Trinh-Shevrin C, Islam NS, Yi SS, Kwon SC. Determinants of depression risk among three Asian American subgroups in New York City. 7th Annual New York City Epidemiology Forum [Poster]; Feb 28, 2020; New York, NY.
62. **Ali S**, Yan S, Gunen B, Adams L, Gu Y, Poirier L, Craig H, Regan T, Gittelsohn J. (2019). Associations between Food Pantry Size and Foods Received by Clients in Baltimore City [P04-031-19]. American Society of Nutrition (ASN) Nutrition 2019 Annual Meeting [Poster]; June 8-11, 2019; Baltimore, MD. In: Current Developments in Nutrition, 3(Suppl 1), nzz051.P04-031-19.
63. Adams L, Yan S, **Ali S**, Poirier L, Craig H, Gu Y, Gittelsohn J. (2019). Associations Between Socio-demographic Characteristics of Food Pantry Clients and Foods Received from Baltimore City Food Pantries [P04-030-19]. American Society of Nutrition (ASN) Nutrition 2019 Annual Meeting [Poster]; June 8-11, 2019; Baltimore, MD. In: Current Developments in Nutrition, 3(Suppl 1), nzz051.P04-030-19.
64. Harper K, Gunen B, **Ali S**, Santiago C, Gu Y, Trujillo A, Gittelsohn J. (2019). Testing price manipulation strategies to increase purchasing of healthier foods and reduce purchasing of unhealthy foods in an urban community grocery store. [P13-016-19]. American Society of Nutrition (ASN) Nutrition 2019 Annual Meeting [Poster]; June 8-11, 2019; Baltimore, MD. In: Current Developments in Nutrition, 3(Suppl 1), nzz036.P13-016-19.
65. Gunen B, Yan S, Adams L, **Ali S**, Poirier L, Gu Y, Craig H, Regan T, Egan K, Gittelsohn J. (2019). Design and Implementation of a Feasibility Trial to Promote Healthful Foods and Beverages at Baltimore City Food Pantries Using Policy, Systems and Environmental Strategies (P04-047-19). American Society of Nutrition (ASN) Nutrition 2019 Annual Meeting [Poster]; June 8-11, 2019; Baltimore, MD. In: Current Developments in Nutrition, 3(Suppl 1), nzz051.P04-047-19.
66. Gu Y, Yan S, Gunen B, Poirier L, **Ali S**, Adams L, Craig H, Regan T, Gittelsohn J. (2019). Associations between nutrition-related intentions and healthiness of food selections by food pantry clients in Baltimore City [P04-046-19]. American Society of Nutrition (ASN) Nutrition 2019 Annual Meeting [Poster]; June 8-11, 2019; Baltimore, MD. In: Current Developments in Nutrition, 3(Suppl 1), nzz051.P04-046-19.
67. Craig H, Yan S, Gunen B, Adams L, **Ali S**, Gu Y, Poirier L, Gittelsohn J. (2019). Understanding Differences in Food Distribution Methods Among Food Pantries in Baltimore City, MD (P04-

- 037-19). American Society of Nutrition (ASN) Nutrition 2019 Annual Meeting [Poster]; June 8-11, 2019; Baltimore, MD. In: Current Developments in Nutrition, 3(Suppl 1), nzz051.P04-037-19.
68. Daniel L, Harper K, Gunen B, Poirier L, **Ali S**, Orta-Aleman D, Santiago C, Gu Y, Yiru Xu Y, Trujillo A, Gittelsohn J. (2019). Formative research to explore reasons for low use of a non-profit community grocery store and to develop potential solutions [P13-007-19]. American Society of Nutrition (ASN) Nutrition 2019 Annual Meeting [Poster]; June 8-11, 2019; Baltimore, MD. In: Current Developments in Nutrition, 3(Suppl 1), nzz036.P13-007-19.
69. Luo R, **Ali SH**, Li Y, Liu X, Tang C, Zhang P. (2018). Application of Mhealth Technologies Aimed at Salt Reduction: A systematic Review [P199]. The 7th Asian Congress of Dietetics in Asia [Poster]; Jul 6, 2018; Hong Kong.
70. Mehmood A, Hung YW, He H, **Ali SH**, Bachani AM. (2018). Using injury severity measures in trauma research – a review from low- and middle- income countries [PW 0706]. 13th World Conference on Injury Prevention and Safety Promotion [Poster]; Nov 5-7, 2018; Bangkok, Thailand. In: Injury Prevention, 24(Suppl 2), A169.1-A169.

Invited Talks

- **Ali SH**. Leveraging family dynamics to promote health: a case study of Asian Americans. University of Maryland, Eastern Shore. February 15, 2024. (Seminar)
- **Ali SH**. The journey of doing qualitative research: learning how to tell other people's stories. National University of Singapore Saw Swee Hock School of Public Health. November 15, 2023. (Seminar)
- **Ali SH**. A community-centered approach to longitudinally mapping the food retail environment: the NYU CoClo Study. The University of Queensland Centre for the Business and Economics of Health. November 6, 2023. (Seminar)
- **Ali SH**. Deconstructing the influence of family in the diet of Asian American young adults: Exploring the role of family structure, characteristics, and interaction patterns. New York University, School of Global Public Health. February 16, 2023. (Seminar)
- **Ali SH**. Disentangling how dietary behaviors of Asian American young adults are influenced by family, and the Diabetes Research, Education, and Action for Minorities (DREAM) Intervention. New York University, Steinhardt School of Culture, Education, and Human Development. February 16, 2023. (Seminar)
- **Ali SH**. Efficiently Utilizing Social Media Advertising for Rapid Data Collection during COVID-19: Lessons learned from the NYU CovidKAP study [COVID-19 Survey Research Working Group]. York University - Collaboration for Emergency Management, Policy, and Preparedness Research. April 13, 2021. (Speaker) <https://youtu.be/AY9ohlMj6zg>
- **Ali SH**. Understanding COVID-19 through the Health Belief Model: results from a nationwide survey and implications for vaccination. Fairleigh Dickinson University. February 15, 2021. (Seminar)

Invited Podcasts

- **Ali SH.** The Link Between Family Structure and Health Eating Habits ft. Dr. Shahmir H. Ali, PhD. *Brown Women Health*. April 14, 2023. <https://open.spotify.com/episode/3x811I3tpuBkTYKzbX40i6>.
- **Ali SH, Chong SC.** Tackling an Asian American Infodemic with Shahmir Ali and Stella Chong. *I AM GPH Podcast*, May 5, 2022. <https://open.spotify.com/episode/0NRcgNUMBiDI0WxM6WVTN2>.
- **Ali SH.** COVID-19 Knowledge and the Journey to Ph.D. with Shahmir Ali. *I AM GPH Podcast*, February 3, 2021. <https://open.spotify.com/episode/7jv8vnaxzShTmAGkgY5dhQ>.

Web Articles

- **Dhar B, Chakraborty R, Sharma P, Ali SH.** (2023). "The Role of Social Media in Family Health Promotion & Health Interventions -Implications for Behavioral Medicine." *Outlook: The member newsletter of the Society of Behavioral Medicine*. Available at: <https://www.sbm.org/publications/outlook/issues/winter-2023/the-role-of-social-media-in-family-health-promotion--health-interventions--implications-for-behavioral-medicine/full-article>
- **Ali SH, Trude ACB.** (2023). "Social Media as a Powerful Tool For Health Policy Evaluations: Using Twitter Data to Reveal How The Public Reacted to The Philadelphia Beverage Tax." *JPHMP Direct*. Available at: <https://jphmpdirect.com/2023/09/29/social-media-as-a-powerful-tool-for-health-policy-evaluations-using-twitter-data-to-reveal-how-the-public-reacted-to-the-philadelphia-beverage-tax/>
- **Chong SC, Ali SH.** (2022). "An Asian American Infodemic." *NYU School of Global Public Health*. Available at: <https://publichealth.nyu.edu/events-news/news/2022/02/18/asian-american-infodemic>
- **Ali SH, Casciotti D, France de Bravo B, Jury NJ.** (2022). "Are Prostate Cancer Screenings Necessary? The Pros and Cons." *National Center for Health Research*. Available at: <https://www.center4research.org/are-prostate-cancer-screenings-necessary-the-pros-and-cons/>
- **Ali SH, Jury NJ.** (2022). "Treating Prostate Cancer: Options to Consider." *National Center for Health Research*. Available at: <https://www.center4research.org/treating-prostate-cancer-options-to-consider/>
- **De Bravo BF, Birger N, Wang S, Ali SH.** (2022). "Weight and Cancer: What You Need to Know." *National Center for Health Research*. Available at: <https://www.center4research.org/weight-cancer-need-know/>.
- **Srinivasan V, Mohseni K, Ali SH.** (2022). "Smoking Cessation Aids: What Are Your Options?" *National Center for Health Research*. Available at: <https://www.center4research.org/smoking-cessation-aids/>

- Wharton M, Cote J, **Ali SH**. (2022). "Good news for coffee drinkers: the health benefits outweigh the risks for most people." *Cancer Prevention & Treatment Fund*. Available at: <http://stopcancerfund.org/p-colon-cancer/good-news-for-coffee-drinkers-the-health-benefits-outweigh-the-risks-for-most-people/>
- Hall N, Foster T, **Ali S**, Redmond A. (2019). "In remote Indigenous communities, housing can support or undermine health." *Croakey*. Available at: <https://croakey.org/in-remote-indigenous-communities-housing-can-support-or-undermine-health/>

Reports and Data briefs

- **Ali SH**. Mapping the rebound of the NYC Fresh Fruit and Vegetable environment: The NYU Covid Closures Study (2019-2023). 2023. Interactive Report: <https://rpubs.com/shahmirhali/coclo2023report>
- **Ali SH**, Tan SG, Cheng HS, Ang I. Developing A Pediatric Nurse And Allied Health-Led Integrated Continuum Of Care In Singapore. 2023. Program Evaluation Report [Internal].
- **Ali SH**, Parikh RS, Mohsin FM, DiClemente RJ. 2021. NYU Project EMBRACE: Exploring family Member Relationships in Asian Communities. Data brief: <bit.ly/3EJeSLG>
- **Ali SH**, Chong SC. (2020). "由于新冠狀病毒大流行而导致的食品零售环境的变化: 分析纽约市的经验,2020年5月至7月" [Changes to the Food Retail Environment due to COVID-19: A Snapshot of the NYC Experience, May to July 2020].
 - English data brief: <https://venngage.net/pl/jnHmvJ3gWQc>
 - Chinese data brief: <https://venngage.net/pl/KPsmwrqiqzU>

Videos

- **Ali SH**, Low KMY. "Supporting Household health through family-led Promotion (SHAYP) Course" – 9-part video course funded by the National University of Singapore. Available at: <https://youtube.com/playlist?list=PLIYOE017CzLdD5TCyUnnrZIIIdZRLCcN2L&feature=shared>
- **Ali SH**. (2022). MASALA Study preparation video [مسالہ مطالعہ کی تیاری کی ویڈیو]. Instructional video (in Urdu) for participants of the MASALA study. Available at: bit.ly/masala_urdu
- **Ali SH**. (2020). "由于新冠狀病毒大流行而导致的食品零售环境的变化: 分析纽约市的经验,2020年5月至7月" [Changes to the Food Retail Environment due to COVID-19: A Snapshot of the NYC Experience, May to July 2020]. Data presentation (in Mandarin Chinese) for stakeholders and Chinese community members. Available at: <https://youtu.be/xTKfeB1aHuQ>
- **Ali SH**, Matsumoto DK. (2018). "Water, Health, and the History of Pakistan." 7-part open access video course funded by the Woodrow Wilson Fellowship and sponsored by the Bahria Town School. Available at: <https://www.youtube.com/playlist?list=PL-kHvGQJK94fpfTuRQ1mn6GNvdddToNl8>

Awards

2024	Research Fellow Teaching Award AY2023/2024 <i>National University of Singapore</i>
2021	Walter J. Lear Outstanding Student Research Award, <i>American Public Health Association LGBTQ Health Caucus</i>
2021	Best Student Abstract, <i>American Public Health Association API Caucus</i>
2020	Best Poster Award, <i>New York City Epidemiology Forum</i>
2015	Distinguished Academic Achievement Award, <i>Queensland Government, Australia</i>
2014	Australian Defense Force Leadership Award, <i>Australian Defense Force, Australia</i>
2014	Federal Member's Exceptional Young Leader Award <i>Queensland Government, Australia</i>

Grants and Funding

Year	Role	Title	Funder	Amount
2024-2025	Principal Investigator	Developing and pilot-testing a family-led health promotion model to reduce sodium intake in Singapore: empowering young adults to be agents of health promotion	Saw Swee Hock School of Public Health (NUS)	\$100,000 (SGD)
2024-2025	Co-Evaluator	Evaluating the implementation of the NUH HEADS-UPP (HEalth and Development SUpport in Preschool Partnerships) program	National University Hospital Singapore	\$87,571 (SGD)
2024-2025	Co-Evaluator	Evaluating the outcomes and implementation of an app-based holistic medication, health coaching-based weight loss intervention in Singapore	T3 Health Pte. Ltd.	\$14,170 (SGD)
2024-2025	Co-Evaluator	Evaluating the GRIT Academy (TGA) is mentoring programme	Lakeside Family Services, National Council of Social Service (Gov of Singapore)	\$35,156 (SGD)
2023-2024	Co-Evaluator	Proposed evaluation plan for Health Promoting Preschools (HPS) implementation and impact	Health Promotion Board (Gov of Singapore)	\$8,320 (SGD)
2023-2025	Co-Evaluator	Evaluation of the TOUCH Reablement Program	TOUCH Community Services Limited, Agency of Integrated Care (Gov of Singapore)	\$179,336 (SGD)

2023-2024	Principal Investigator	Pilot-testing an interactive, automated social media intervention to improve dietary attitudes and self-efficacy among South Asian American young adults	The University of Illinois College of Medicine Rockford, University of Maryland Eastern Shore	\$3,000 (USD) / ~ \$4,050 (SGD)
2019-2022	Principal Investigator	Understanding family interaction among young Asian Americans through interaction quality, influence, and related activities	South Asian Health and Research Group (SAHARA) SEED Grant	\$1,000 (USD) / ~ \$1,350 (SGD)
2017-2018	Principal Investigator	Attitudes and awareness of water management and sanitation principles and careers among Pakistani secondary school students following an educational intervention	Woodrow Wilson Fellowship, Leonora & Wallace Farber Fellow (Johns Hopkins University)	\$7,500 (USD) / ~\$10,100 (SGD)

Teaching experiences

National University of Singapore Saw Swee Hock School of Public Health

Course Coordinator (Instructor) *

Collection, Management & Analysis of Quantitative Data (SPH5103)

Masters level: Spring 2024 (17 students), Spring 2025 (Upcoming)

New York University School of Global Public Health

Instructor *

Community-Based Health Interventions (GPH-GU 2415/5415)

Masters level: Spring 2023 (65 students), Spring 2024 (34 students)

Health and Society in a Global World (UGPH-GU 10)

Undergraduate level: Fall 2021 (69 students), Spring 2021 (35 students)

Readings in the History and Philosophy of Public Health II: Principles of Public Health (GPH-GU 5180)

Masters level: Spring 2021 (25 students)

Readings in the History and Philosophy of Public Health I: History of Public Health (GPH-GU 5175)

Masters level: Fall 2020 (60 students)

Teaching Assistant

Thesis I: Practice and Integrative Learning Experience (GPH-GU 2686)

Masters level: Fall 2021 (32 students)

Applied Practice Experience Seminar (GPH-GU 2359)

Masters level: Fall 2021 (63 students), Fall 2020 (36 students)

Public Health Nutrition (GPH-GU 2213)

Masters level: Spring 2021 (34 students)

* Syllabi and course evaluations available – please contact me (sali@nus.edu.sg) if you'd like to review them.

Leadership & Service

Oct 2021 – Oct 2023.

Communications Director

The Asian & Pacific Islander Caucus for Public Health (APIC), American Public Health Association (APHA)

Supervising the dissemination of information and outreach in relation to the APIC across various online platforms, including COVID-19 health resources tailored to Asian Americans as part of a CDC-funded grant.

Jul 2013 – Jul 2014.

UN Youth Student Ambassador

UN Youth Australia

Brisbane, QLD, Australia

Participated in small advocacy projects and quarterly youth meetings.

Ad-hoc Reviewer:

2024-present	American Journal of Clinical Nutrition
2024-present	Appetite
2023-present	Journal of the American Heart Association (JAHA)
2023-present	Frontiers in Public Health
2023-present	BMC Public Health
2022-present	Hypertension
2022-present	Annals of Family Medicine
2022-present	American Journal of Cardiology
2022-present	Journal of Applied Gerontology
2021-present	INQUIRY: Journal of Health Care Organization, Provision, and Financing
2021-present	PLOS One
2020-present	JMIR mHealth and uHealth
2020-present	Journal of Hunger and Environmental Nutrition
2020-present	BMC Medical Research Methodology
2020-present	Health Education & Behavior
2019-present	International Journal of Environmental Health Research

Work Experiences (voluntary)

Jun 2017 – Dec 2018.

Research Intern

The George Institute of Global Health - Peking University Health Science Center, Beijing, China

Project management (leading a research team as first-author), website design ("Action on Salt Consumption" initiative website), translation (written/verbal, Chin-Eng/Eng-Chin) manuscript writing

May 2016 – Aug 2016.

June 2018 – Aug 2018.

Intern, Translator

Griffith University Centre for Environment and Population Health,
Mt. Gravatt, QLD, Australia

Grant writing (National Health and Medical Research Council), coordinating assistant (supervising Chinese delegations during short professional courses at the university), translation (written/verbal, Chin-Eng/Eng-Chin), manuscript writing

Nov 2015 – Apr 2016.

Student Intern

Australia China Business Council (ACBC),
Brisbane, QLD, Australia

Administrative tasks (organizing fundraising dinners and meetings), manuscript writing

Oct 2014 – Dec 2014.

Youth Mentor, English Language Instructor

Bahria Town School
Lahore, Punjab, Pakistan

Conversational English class coordinator (worked with children in Grades 3-10)

Professional Membership

2019-present	American Public Health Association
2019-present	Society of Behavioral Medicine
2019-present	Society of Epidemiologic Research
2019-present	American Society of Nutrition